# **Classic - Always Available**

\*Sauces are also available by the quart - Pomodoro, Bolognese, Gorgonzola Cream, Rosa Sauce

\$13

### **Meatballs Pomodoro**

Penne pasta, house pomodoro sauce, parmesan cheese, herb grilled bistro vegetables

# Mezzi Rigatoni Bolognese

House made rich meat sauce, roasted green beans, shaved parmesan cheese

# **Chicken Capricciosa**

Baby arugula salad, red onion, lemon oil, parmesan cheese, steamed broccoli

# Pennsylvania Mushrooms & Gorgonzola

Mezzi rigatoni pasta, gorgonzola alfredo sauce, roasted garlic, parmesan cheese

### **Angel Hair alla Rosa Sauce**

House tomato cream sauce, pesto grilled shrimp, prosciutto, white wine-garlic braised spinach

# **Premium - Always Available**

\$2

# **Jumbo Lump Crab Cakes**

Cajun sweet & sour slaw, pommery mustard, grilled asparagus, fresh lemon

### **Herb Roasted Beef Tenderloin**

Italian roasted potatoes, pancetta demiglace, white wine-garlic braised spinach, asiago cheese

### **Braised Short Rib**

Tomato risotto, roast broccoli, red wine demi-glace



# CYCLE 4

\$15

# **Sweet & Smoky Meatloaf**

Roasted yams, steamed broccoli, barbeque demi-glace

### Indian Butter Chicken

Vegetable basmati rice, cucumber tomato salad

# **Creamy Cajun Shrimp**

Whole grain penne pasta, cajun cream sauce, bistro vegetables

### **Herb Grilled Flank Steak**

Redskin potatoes, grilled asparagus, horseradish demi-glace

# Mapo Tofu & Brown Rice

Szechuan peppercorn sauce, grilled zucchini and eggplant, rice wine cucumbers

### State of Mind



#### Chicken Kale Caesar

Brown rice, kale, romaine, parmesan cheese, dried cranberries, whole grain croutons, roman caesar dressing

### Kimchi & Carrot

Brown rice, mixed greens, yum-yum yogurt sauce, green onions, wasabi green peas, furikake seasoned carrots, sweet-sesame dressing

### **Curried Cauliflower**

Quinoa, mixed greens, pickled red onions, cucumbers, tomatoes, za'atar spiced mozzarella, chickpea crunch, spiced yogurt dressing